

## Getting prepared for

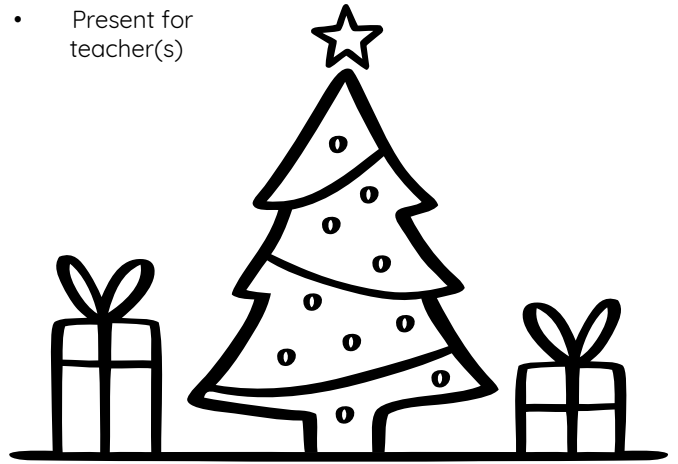


# THE CHRISTMAS giving advent calendar



### Shopping List:

- Treats for: Police, Fire Station, Ambulance/Emergency Dept.
- Notepaper
- Sticky tape
- Present for a child
- Wrapping paper
- Blank Cards & Envelopes
- Presents/Cards for school friends
- Birdseed
- Gingerbread ingredients:
  - Butter
  - Golden syrup
  - Plain flour
  - Brown sugar
  - Ground ginger
  - Nutmeg
  - Cinnamon
  - Baking powder
  - Eggs
  - Writing icing / choc chips / decorations / cello bags
- Breakfast ingredients (eg. Pancake shaker)
- Candycanes
- Flowers (bought or picked fresh)
- Food staples (eg. Dry pasta, canned food etc)
- Dog food or bedding
- Present for teacher(s)



| Today's Giving Task  | No planning required | Prep/planning required                                   | Shopping list                                |
|--|----------------------|--|--|
| Pay forward a coffee   | x                    |  |  |
| Pay for a stranger's parking                                       |                      | Keep some change aside                                   | Note paper, sticky tape                      |
| Post Handwritten letters   |                      |  | Note paper, envelopes, stamps                |
| Place a present under the Kmart Tree                               |                      | Choose this one on a day you can go to Kmart             | Present for a child, wrapping paper          |
| Take Treats to the Police  |                      | No pre-organisation needed.. they're happy for visitors! | Treats (eg. Box of chocolates, biscuits etc) |
| Give Presents/Cards to your daycare/school friends                 |                      |  | Blank cards & envelopes or presents          |
| Give to a local charity from your moneybox                         |                      | Decide on a charity to donate to                         |  |
| Make and send a Christmas Card to a loved one                      |                      |  | Blank cards, envelopes, stamps               |
| Leave seed out for the birds                                       |                      |  | Birdseed                                     |
| Take Treats to the Fire Station                                    |                      |  | Treats (eg. Box of chocolates, biscuits etc) |
| Take Treats to the local Ambulance Station or Emergency Department |                      | No pre-organisation needed.. they're happy for visitors! | Treats (eg. Box of chocolates, biscuits etc) |

| Today's Giving Task                                  | No Planning required | Prep/planning required  | Shopping List   |
|--|----------------------|---|---|
| Bake Gingerbread Men for your Neighbours             |                      |   | Ingredients for your favourite gingerbread recipe! Cellophane bags, sticky tape |
| Make Mum &/or Dad breakfast in bed                   |                      |   | Pancake shake or ingredients  |
| Give someone flowers                                 |                      |   | Flowers   |
| Leave a kind note for a stranger                     |                      |   | Note paper, envelope  |
| Give your time                                       |                      |   |   |
| Donate to a Women's refuge                           |                      | Call your local women's refuge and ask what they need or check out <a href="http://www.sharethedignity.com.au">www.sharethedignity.com.au</a> |   |
| Candy Cane Bomb a car park                           |                      |   | Candy Canes   |
| Pick up rubbish or Plant a tree                      | x                    |   | A little tree or seedling   |
| Give food to your local food pantry                  |                      |   | Food staples - eg. Dry pasta, canned food                                       |
| Thank someone who has impacted you                   | x                    |   |   |
| Do something kind anonymously                        |                      |   |   |
| Find a way to volunteer                              |                      | Look for volunteer opportunities in your area   |   |
| Give food or bedding to a local animal shelter       |                      | Check in with your local animal shelter or pet barn for what is needed  | Dog food or bedding   |
| Tape change to a vending machine                     |                      |   |   |
| Give some of your toys or clothes to a local Op Shop |                      | Go through toys with your kids and get them to choose what they could give to someone who has less than them..                                |   |
| Write a thank you note to the postie                 |                      |   | Note paper, envelope  |
| Smile to people today, it's a gift of happiness      | x                    |   |   |
| Visit a local Nursing Home                           |                      | ** MUST organise this one in advance.. Call your local nursing home to see if and when you could visit and what you can take                  |   |
| Give a card or present to your teacher               |                      |   | Present, card, envelope   |

thank  
you